



SSAFONIA  
presents



**COLORADO TREBLE FESTIVAL**

**THEIR WORDS,  
OUR VOICES**

**SATURDAY, APRIL 18  
5:00 PM**

Mountain Range High School  
12500 Huron St, Westminster, CO 80234

Tickets on [coloradotreblefestival.com](http://coloradotreblefestival.com), and [safonia.org](http://safonia.org)



Welcome to the third annual Colorado Treble Festival, hosted by Safonia! We are so honored to have you here—whether you are a returning supporter, a proud friend or family member, or someone who simply believes in the power of music to connect and inspire.

This year's festival centers on something at the very heart of what we do as singers: **text**. As vocal musicians, we are given the extraordinary privilege of bringing words to life through sound. Where instrumental music can stir emotion, choral music has the unique power to *speak*—to carry language, meaning, and story directly into the hearts of listeners. Today's program is a celebration of that power and responsibility.

The texts we explore today invite us into moments of joy, devotion, and awakening; but more importantly, they remind us what it means to truly connect.

From Joyce Sidman's "*Starting Now*," we hear a call that feels especially urgent:

*"Time to speak until the air  
holds all of our voices.  
Time to weave for each other  
a garment of brightness."*

These words capture something essential about choral music. Singing is not a solitary act. Singing is about community. It asks us to listen, to respond, to blend, and to build something together that none of us could create alone. As singers, we do more than perform notes on a page: we give breath to language, we shape meaning, and we offer it outward for others to receive.

That is the unique power of text in music. A single phrase, set by the composer with intentionality, and brought to life carefully by the choir through rhythm and harmony, can linger long after the final note fades. It can challenge us, comfort us, remind us that we are part of something larger than ourselves.

Perhaps even more remarkable is that the choir you will hear today was formed just this morning. These singers arrived as individuals and, in just a few hours, have created something unified and expressive. As they perform, you will hear not only their musicianship, but their willingness to listen, to connect, and to tell this story together.

So don't just sit back and relax. Sit *forward* and *engage!* Let the words resonate. Let them ask something of you.

May today remind us that our voices carry more than sound. They carry meaning, connection, and the power to bring words fully to life.

With gratitude and excitement,





## Festival Concert Program

### Safonia

***And She Flew***

Flutist - Terry Kay Galano

Marisa Squadrito Geisler

***Elegy for the Trees***

Blake Clawson

### Mountain Range Treble Choir

***Where the Light Begins***

Susan LaBarr

### Manestage Singers

***Beautiful***

Soloist - Ava Apodaca

By Carole King  
Arranged by Emerson

### Strings of Brigid

***Ae Fond Kiss***

Traditional Scottish  
Harp Arranged by Kim Robertson  
Vocals Arranged by Chappell Kingsland

***Jennifer's Rabbit***

Tom Paxton  
Arranged by Said the Maiden

***Are You Sleeping, Maggie?***

Robert Tannahill  
Arranged by Chappell Kingsland



## Safonia

### ***Indian Summer***

Flutist - Terry Kay Galano

Daniel J. Hall

### ***Peace of Wild Things***

Joan Szymko

### ***How Can I Keep From Singing?***

Gwyneth Walker

## Festival Chorus

### ***Joy***

Guest Pianist - Jane MacQueen

Hans Bridger Heruth  
Text by Sara Teasdale

### ***Where Your Bare Foot Walks***

David N. Childs  
Text by Rumi

### ***Starting Now***

Jocelyn Hagen  
Text by Joyce Sidman

“I AM wild, I will sing to the trees,  
I will sing to the stars in the sky,”

-Excerpt from *Joy*  
by Sara Teasdale

“Poetry, the dear words and images of song, comes down over me like water.”

-Excerpt from *Where Your Bare Foot Walks*  
by Rumi

“Open your eyes.  
Feel your strength.  
Bless the past.  
Greet the future.”

-Excerpt from *Starting Now*  
by Joyce Sidman



## Festival Chorus

### Soprano 1

Wendy Allyn\*, Fynn Archibald, Lydia Batchelor, Ally Brennan\*, Anna Dieter, Megan Funk\*, Terry Kay Galano, Melissa Gillespie\*, Katie Macqueen\*, Linnette Manusco, Caitlin McKernan\*, Diane Melancon, Laura Meyer, Sarah Moss, Lupe Vasquez, Caroline Yates Deffenbaugh\*

### Soprano 2

Sue Averill, Heidi Bojorquez, Regan Christiansen, Anne Dicola\*, Sarah Dieter\*, Mariana Espino, Opal Hiran, Kathy Ives\*, Lauren Kingsland, Kami Lopez, Olivia Loveless, Becca MacMahon\*, Amara Martinez, Savannah Moore, Kimberly Nguyen, Chaya Otikor, Karie Phillips, Heather Randall, Ryleigh Reuber, Ilicia Sandoval, Trinity Torez, Gail Turner, Natalie Winslow, Kristin Yoder, Adria Young\*

### Alto 1

Ava Apodaca, Deb Baker, Laura Bircz\*, Sarah Mae Burns, Elizabeth Carroll, Deana Carter, Debbi Jo Dieter, Jennifer Fischer, Colette Fults, Ruby Gamboa Loma, Kiarah Grant, Helen Gray, Lisa Greim, Natalia Hernandez, Liz Heuer, Stephanie Johnson\*, Alejandra Lujan, Erin McDermott\*, Jaclyn Montesdeoca, Danielle Ramberg, Kara Sakulich, Daniela Salas, J Shed, Sara Sherpan, Sarah Sujansky, Jennifer Sujansky, Andrea Wiens\*

### Alto 2

Emily Adams, Karen Aviles, Cheryl Barton, Kesia Catuccio, Jennifer Cline, Marissa Davis, Jennifer Kingsland, Kathleen Lockhart, Faith Maronn\*, Karen Mueller, Gena Nichols\*, Patricia Nord\*, Andrew Peters, Ro Rains, Robyn Reimers\*, Naomi Shipman, Claire Steeno, Laura VandeRiet\*, Anna Varosy, Bethany Vigil, Lanice White

\*Safonia members

**Thank you Terry Kay Galano and Dr. Paul Griggsby for leading the  
Festival sectional rehearsals!**

## Guest Performers

### Mountain Range Treble Choir

The Mountain Range High School Treble Choir is a volunteer ensemble of 15 soprano and alto singers, ages 14-18. Focusing on vocal technique, sight-reading, and blending, the choir performs a wide variety of music, from traditional folk selections, to contemporary pop arrangements. Under the direction of Dr. Paul Griggsby, the ensemble aims to empower female voices through artistry and community engagement.

Director: Dr. Paul Griggsby

Sopranos: Fynn Archibald, Heidi Bojorquez, Regan Christensen, Amara Martinez, Kimberly Nguyen, Ilicia Sandoval, Trinity Torrez

Altos: Ava Apodaca, Ruby Gamboa Loma, Kiarah Grant, Natalia Hernandez, Alejandra Lujan, Daniela Salas, Bethany Vigil

### ManeStage Singers:



The ManeStage singers are a part of our ManeStage Theatre program at Mountain Range High School. Singers in this ensemble have performed in plays and musicals at Mountain Range High School such as *The Play that Goes Wrong*, *Cinderella*, and *The Wizard of Oz*.

Director: Christa Fredrickson

Accompanied by Dr. Paul Griggsby

Sopranos: Fynn Archibald, Regan Christensen, Mariana Espino, Opal Hiran, Ryleigh Rueber

Altos: Ava Apodaca, Kiarah Grant, Naomi Shipman, Bethany Vigil, Andrew Peters

## Strings of Brigid

Strings of Brigid creates intimate, harp-centered performances inspired by Irish and Scottish traditions. Led by vocalist/Celtic harpist Jennifer Kingsland and guitarist/arranger Chappell Kingsland, the group blends musical storytelling with a chamber-music approach. For their large-scale concerts and recordings, they are joined by vocalists Adria Young and Karie Phillips, rounding out the rich harmonies. Their debut album *The Weaving* is now available on streaming platforms and on CD.

Director: Chappell Kingsland

Celtic harp and vocals: Jennifer Kingsland

Guitar and Arrangements: Chappell Kingsland

Vocals: Karie Phillips and Adria Young

Find out about Strings of Brigid upcoming performances, and purchase their album on their website:

<https://stringsofbrigid.com>



The Colorado Treble Festival chorus is composed of individuals from all levels of choral singing, from those who have never before sung in a choir, all the way up to professional musicians. The participants in the 2026 Festival Chorus represent choirs from all over the Denver Metro Area:

[Denver Feminist Chorus](#)

[Arvada Chorale](#)

[Voices Rock](#)

[Voices West](#)

[Colorado Chorale](#)

[Inner Voices](#)

[Colorado Repertory Singers](#)

Mountain Range High School Choral and Theater programs

[Safonia](#) (your hosts!)

We encourage you to learn more (and perhaps even join!) these wonderful choruses.

## Artistic Staff

### Christa Fredrickson, Artistic Director

Christa Fredrickson (she/her) is the Artistic Director of Safonia and founder of the Colorado Treble Festival. She holds a Bachelor of Vocal Performance from NMSU and a Master of Performance in Choral Conducting from the same institution. She completed a master's thesis focused on Hildegard von Bingen, transcribing her chants for developing choirs. As a mezzo-soprano, Fredrickson has performed as a soloist with the Masterworks Chorus for performances of Handel's "Messiah" and Vivaldi's "Gloria," and Pergolesi's "Stabat Mater" with the Vox Vallis Women's Ensemble. Her versatility extends to theatrical roles, including Rapunzel in "Into the Woods," Hansel in "Hansel and Gretel," The Sorceress in "Dido and Aeneas," Antonia in "Man of La Mancha," and Winifred Banks, in "Mary Poppins."



Her teaching tenure at Centennial High School spanned six years, during which her choir ensemble garnered numerous awards, honors, and was designated the State Honor Choir for NMMEA in 2021. She served as Choral Vice President for Southwest New Mexico Music Educators from 2020-2023 and is currently Treasurer at the New Mexico American Choral Directors Association.

She is also an Adjunct Professor at NMSU in both the music and theatre departments, directing and choreographing Broadway Revue shows and conducting productions like "My Fair Lady." Fredrickson's work extends beyond conducting high school. She has conducted collegiate, and community choruses which have performed in Carnegie Hall, Mexico, and Austria. Additionally, she is the director and composer of the Dona Ana Arts Council's Opera Storytellers, an opera program for children. Noteworthy musical theater productions directed by Fredrickson include "Legally Blonde: The Musical," "Into the Woods," and "The Wizard of Oz," which have earned many nominations. Her Musical Theatre Ensemble was named "Best Ensemble" in the state of New Mexico two years in a row.

Christa is an English teacher at Mountain Range High School in Westminster, CO, where she is also the artistic director and choreographer for the Manestage Theatre Company.

Beyond the musical realm, she enjoys traveling, reading, and spending time with her dog, Bruiser, a companion she adopted from a shelter after he was rescued to play his namesake in "Legally Blonde."

## Kelli Horton, Accompanist



Kelli Horton, a native of Savannah, Georgia, is an internationally acclaimed pianist, educator, and collaborator whose career has spanned diverse cultural and musical landscapes. Her work has taken her to countries including India, Ireland, England, France, Cambodia, Nepal, and Indonesia, where she has left a mark through both performance and teaching.

Ms. Horton holds a Master's Degree in Keyboard Collaborative Arts from the University of Southern California and a Bachelor's Degree in Piano Performance with an emphasis in Pedagogy from Columbus State

University. Her career is marked by her extensive collaboration with prominent conductors such as Cristian Grases, Jo-Michael Scheibe, Nick Strimple, Rodney Eichenberger, Keitaro Harada, and George Del Gobbo. She has also been a sought-after studio pianist for renowned pedagogues including Thomas Bogdan, Cynthia Munzer, Rod Gilfry, Gary Glaze, and Shigemi Matsumoto.

Her performance credits include appearances with the Columbus Symphony Orchestra, Los Angeles Zimriyah Chorale, I Cantori Choral Ensemble, Savannah Philharmonic, Spectra Choir, and the Dore Gilbert and Sullivan Society. Additionally, she has worked with various regional theatre companies and has been featured in films such as *The Last Song* and *The Conspirator*.

Ms. Horton's passion for education is reflected in her roles at esteemed institutions such as Woodstock School in India, Bennington College in Vermont, the University of Southern California in Los Angeles, and Interlochen Center for the Arts in Michigan. She has had the privilege of teaching notable figures including Miley Cyrus, Greg Kinnear, and Justin Long. Additionally, she served as the Director of Piano Studies and Music Department Chair at Savannah Arts Academy in Savannah, Georgia. Ms. Horton is the founder and director of KH Piano Academy in Denver, Colorado.

Her current research focuses on mindful movement at the instrument and beyond, a pursuit that informs both her teaching and performance. Additionally, Ms Horton is committed to promoting the music of Women and underrepresented voices. Ms. Horton is a member of the Music Teachers National Association, Yoga Alliance, and the Association for Body Mapping Educators. She serves on the Board of Bach Ascending and is a Steinway Teacher & Educator Partner.

## Festival Sponsors

This festival would not have been possible without the support and donations of our many sponsors and donors.

We would like to thank the sponsors of the  
2026 Colorado Treble Festival:



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## A Special Thank You

We would like to express our sincere gratitude to the individuals whose generous contributions have supported the 2026 Colorado Treble Festival. Their donations and commitment to the arts have enabled us to bring this festival performance to fruition, enriching our community with the gift of music. We are profoundly grateful for their dedication to fostering cultural enrichment and artistic excellence.

Many thanks to G & G Nelson for their dedication to supporting the arts.

Karen Aviles  
Helen Gray  
Lauren Kingsland

Linette Mancuso  
Ro Rains  
Danielle Ramberg

Heather Randall  
Lanice White

A special thank you to Adams 12 5 Star School District for your participation in helping this event come to life.

Thank you for your invaluable support. Your generous contributions enable us to continue sharing our dedication to the synergy of music, passion and excellence with the community.

As we gather tonight to celebrate the power of music, we encourage you to support the Colorado Treble Festival by making a donation using the link below. Thank you for your consideration and for being a vital part of our community. To make a donation or learn more about how you can support our choir, please visit our website:

<https://www.coloradotreblefestival.com/donate>

The Colorado Treble Festival operates under True Souls Arts, a 501(c)(3) organization, and all donations are tax deductible.

Stay connected!

Want to make sure you never miss updates regarding future Colorado Treble Festivals or Safonia performances? Keep up-to-date with all things Festival and Safonia related by signing up for our newsletter:

[Safonia newsletter sign up](#)

Thank you for joining us for the third annual Colorado Treble Festival!